## HOWTO HELP A FRIEND

## Monday, October 21 6:30 to 8pm • Dundee

Every person has a right to live in a safe environment free from the abuse of an intimate partner or family member. Join us in learning how to better support your friends by going beyond listening by educating ourselves on the dynamics of abuse and our local resources.





Please register online at frvpld.info/events or call (847) 428-3661.

Regístrese en línea en frypld.info/events o llame al (847) 428-3661.